ENDERSTAGE MUSIC SCHOOLS FOR SOCIAL CHANGE

URBACI Driving change for better cities

Best practice

We zoom in on each step of the project period and our seach for best practice of Music for social change

Driving change for

better cities

Spring 2018 The first drafts of the project Music for social change was made...

NSTAGE

MUSIC SCHOOLS FOR SOCIAL CHANGE

*** * * * *

European Union

I EAVE NO ONE BEHIND











Usikskole

Once upon a tíme there was a líttle Queendom.

A former Cultural Capital, and in this city is a Music Schoo

With a lonooog and proud tradition for using the power of music on creating coherence and empower children to share and care for each other and the world. It was told that new knowledge and knowhow was to be found out there.

And we new that we would have to travel out to find the secrets behind the succes, But we would not travel like like Columbus, not like the wikings, BUT as curius explorers with the wish of sharing for the better of us all - common care for children and the sustainabel future they are to create.

Visit Aarhus Music School www.aarhusmusikskole.dk

Visit Aarhus www.youtube.com/v www.youtube.com/v

The circle of stars

A circle symbolizes connection and eternity, and it appears globally in endless visualizations connected to the circle of life in mythologies and rituals, so the circle is a main symbol for this reflection journey, where we reach for the stars searching for best practice.

The project is born in the circle of stars. In the middle of the circle, we created a meeting space for exploring the power of music, as a tool for coherence and growth for all children and youth within this realm. The project protected by this circle, develop in interacting sub-circles where from the best practice will spread like circles in water.

Driving change for

European Union



https://www.youtube.com/watch?v=poeMVmO9K-A

Our beginning

Our platform

We circulate a wish for coherence, connecting different areas and promote a circular thinking of reusing and remaking through circulating knowledge in a dialog between experiences of the past and potentials of the future.



The five-pointed star on the EU-flag represents

Aspiration and Education.

The golden color that of the sun, symbolisie

Glory and Enlightenment just like the



leading star



A star that shines by rethinking Urban development with focus on art as a tool for creating coherence and social change.

A star already shining strongly and proud, because they have found a way to

- support the many
- and make a significant difference
- on their livability.

What will OUR LOCAL STAR look like?

How can we transfer The best practice to our setting?



FACTS Research STRATEGY Define

FRAME Transfer

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WHAT?



1. task

Understanding demands and possibilities

RESULT Local group

Transfer plan

Travelmap

We build the ship and find and create the fellowship of Music for Social Change between: Culture Department and Children and Youth Department



To reach for a common best practise

The On Stage travel plan



Our local travelplan Usikskole Spring 19 Autumn 19 Spring 20 Autumn 20 SEEKING ROOT DREAM DARE REFLECT REVEAL POWER Remind Kill darlings not Rediscover Try-outs Improve Understand relevant or Activisme Why? What is the best workina New dream CITY OF AARHUS to bring on? potential? Dare Move on... **Kiss hearts** Burning platform Inspiration Test Rethink Define Adapt Reuse Show- cases How? How will we Designuse it? Remake thinking Project plan Truth concept Frame Show status Feedback What? Transfer plan Those who have been on a journey have something to tell...

2019 First year: Rehearsals

FACTS Research why? Defin Seek knowledge Analyse Geet inspired

STRATEGY

SEEK

Define how? Describe starting point Plan proces Frame what? Step by step plan TASK: Preparing for the Journey: Build a boat for a safe trip: An organization within the organization - An organization to collect inspiration to take home and to bring out the best we have. An organization for spotting new possibilities and rethink by other ways. A container for intercultural thinking.

Invite the right people on board Collect the local first-movers and explorers Dur group is small, but selected between the most competent and relevant and they will have the test to bring on more people as we sail along. This small group starts out trying to understand what kind of journey we were to take. What we expected to experience and learn. Creating our imaginary latent navigation map: The transfer plan. Is the purpose of the travel clear for all travelers? Who is captain and what are everyone else's roles? What should we bring back and forth? Together we established guidelines for the journey: Why, How, What and When.

We know what we must do, and we have an idea of which way to go. We need helpers - to help seek and guide. The exact destination is a latent vision. We can 't plan everything in detail, but we have made a map of places we will visit to bring in capacities and elements to use for the development of a best practice STAR

This was our first step...

We explored Our House of Memories.



We thought we had stars with some of the same shine -

though much smaller scale than EMMCA.

We could see the possibilities for empowering these, but at a closer look, zooming in

- the difference grew, probably to a bigger difference than for some of the other countries.

The leading star

- has a folk-cultural inspired approach. It shines through everything they do..
- are developed with the focus on Music for social change!
- is now placed in the innovation department of the municipality (not in the arts department, nor19 in the children and youth department)
- It's social innovation! It's a cross sectoral approach to make a proven difference in a deprived neighborhood.

We imagine the possible change. Look at own local stars:

Turn and try to define the difference– and realize that it might not be on the surface that we differ.

The strong glow of the leading star comes from a different core substance. The why and how differs from ours according to Values, Attitude, Reasons. Maybe differences course immunity for change?

"If you are irritated by every rub, how will you be polished? Rumi.



2019 First year: Rehearsals

Remind What?

Adapt How? How will we use it?

Status How? Next step? How will we use it? ether our Urbact Group revisit

Favorite recipies

The values from the Nest project presented by the Children- and Youth department

The approaches of the Music School.

+

A common Demo-action focusing on: The Group as center of attention, based on common values and principels.

We rediscovered our own roots before we go on the journey:

We revisited all our experience and knowledge, taken home from former journeys and local actions. To understanding and to find inspiration from the capabilities we have gathered from previous travels and experiences, both positive and negative, to find how we can navigate best possibly together, collecting the inspiration we will gather from abroad.

Method Curiosity + MusT-thinking

Remind

Show.

N. M. STREET

Consider good praxis we have

Adapt Rediscover Rethink

We host a meeting, presenting our best pt. practice.



We collect knowledge and best practise



Local Try-out: World goals made accessible by music



What were we to bring home?

Treasures to act at 3 levels:

 1 Policy level: Input to cultural policy 2020

2 Organisational level:Declaration+ Methods/materials



Wight .

3 Interaction level: Demo-action: testet prototype + dissemination plan





Rediscover How? New dream potential?

DRFAM

Reuse What? Make concept

Adapt Design-thinking tools DIARY Gunnild de Ridder

Can we create the same shine as the leading star? I guess we became absoluetly star-struck and started to wish upon for exactly this klind of star.

For us to reach the exact same shine...A dream vision took form... A dream of the same playful and kind approach to the children. A warm way of meeting families, with understanding and concern, hand in hand with social workers and primary school teachers, where we are a part of the caring circle around the kids. Teams carrying together, sharing materials and methods. All carried by our common caring. I turn to our local approach: World Music Center, because they represent some of the same ways: I got curious how they define Why? , How? and What? behind their doing, so I started interviewing each musician. They stated clearly that their most valuable gift to the school was their ability to create coherence in the classroom - with the music as a common third, and to give especially children in risk of beeing excluded in the classroom, a new position in the group. Could this be a local inspiration and foundation for our next step?



We rediscovered our own roots before we go on the journey: We revisited all our experience and knowledge, taken home from former journeys and local actions. To understanding and to find inspiration from the capabilities we have gathered from previous travels and experiences, both positive and negative, to find how we can navigate best possibly together, collecting the inspiration we will gather from abroad. Best practice collection from World Music Center: Message to the future

WOXPOP https://www.youtube.com/watch?v=Jj8iZCx3TiQ&feature=emb_logo

WOXPOP https://www.youtube.com/watch?v=N8yrbnCQ3fM&feature=emb_logo

Gathering inspiration from our new friends Creating new dreams based on the inspiration





Mobility visit in Parhus: Sharing and reflecting

https://vimeo.com/439903324

We creale a dream vision

Method Remake

Talk the dream

Discover and visualize

Morph all we know and find valuable into a dream of a didactic concept: Strong, accessible and qualified. Demo-action design-thinking: Description + User journey

We test if the dream is also visible for others.

Our Dream-vision look il's form based on alle we brought home from visiting our new friends:

- Teachers are to continuously visit each others teaching
 - to become aware of your own challenges and opportunities.
- The common mission for all teachers in municipal schools must be: Music for social change!
- All teachers teach in teams. One leader and a crew on each school.
- The teams has the thriving of the group of children at center of attention. They teach the same material, based on a common methodology, within well-described aligned models.
- There are clear coherence between initiatives in Day Care, School and at the Music School.

We join forces to open for the music as a tool for creating coherence in the classroom

<u>Music + Nest</u>

We create

the first key

principles for opening

music for all children

Must

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What is inside the classrooms we open?














We explore how we would like it to look

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CHILDREN
- are more alike than different.
- are musical and creative.
- must have the opportunity to express themselves with voice and body

WE PROFESSIONAL ADULTS must safeguard the community through continuous framing of the community's core values and actions.

We sail on towards new knowledge



We headed straight for the Isle of Fear

2019 First year: Rehearsal

Try-out How? Find the right methods

Truth-finding Get feedback

We will create methods closer to the child's everyday life: The music they hear, the games they play, the culture they grow up in.

Concepts that are multi sensoric, intercultural aesthetic/visually storytelling/age-relevant framed music activities,

Bravely we hit straight for the House of Fear, We are brave explorers in the unknown territory and at the same time protective, alert and prepared gurdes for the once we bring with us. We encourage everyone to be curious explorers. We will test our dreams potential





Dare and Truth We are here to try-out our ideas

We are here to try-out our ideas

We will create not only access, but immediate relevance to all the children.

Product DEMO-action:1. prototype testing based on MusT-values.

Background story

In general, the creating music and singing has had less and less space in the daily life of our children in Denmark. There has been less time for it and the teacher's education has had a lot less focus on providing the students with musical skills and methods for music-teaching.

For many years the music school has tried to help out the situation by taking over the music teaching in daycare and schools in shorter or longer periods of time ex once a week. This has increased a thinking that the actual caretakers and teachers has felt that they where not capable of singing, dancing and playing music with the children, as this obviously demanded skills that they did not have as they music lessons has had more focus on skill-building activities than on creating a music hood where we express our self together through the music.

As the resources are decreasing the demand for music-lessons with a professional music-teacher in the children's daily life has been less over the last years.

Therefore Aarhus Music School has tried a new focus on how to provide the caretakers and teachers with skills to continue the musical activities when they are not there – integrating singing, dancing, rhythm, rime and playing into daily activities, so that as much of the music activities as possible will stay after the professional music-teacher has left.

This approach will now be added a new aspect. The daycares and the schools in Aarhus has a strong focus on building strong learning communities. It is well known that well-being and the feeling of being safe in the group is an important common ground for the ability to learn. So we will combine the music-teaching with social skill building. This combination will create an increased possibility for the aesthetic didactic (songs, activities and methods) to be used and rooted in the daily routines of the school. It will also be easier to argue that ALL children continuously or at least at transition points in the children's life where they are to join a new group and re-create the feeling of coherence, can benefit from aesthetic communicated music praxis as a method for making a strong and safe community.

A plan for our DEMO-action: Music for social change.

Our common focus will be gathered under the title: Must - a combination of the inclusive method from Children and Youth department: NEST and Music

Focus group: The school-starters: The first meeting with the music that the children encounter when starting in school and how this meeting supports the most important social skills and which coherence- creating-methods we have available. Our common focus is to create a strong learning community by creating a frame for where all children feels seen, safe and contributing.

The innovative aspect: To combine storytelling, role-playing and the music-activities with reflection and other artistic sensebased reflection processes, individual as well as group-based.

DEMO-action testing Message to the future

Thesis

Participation in aesthetic/sensorics visually structured/communicated and hereby clearly framed music activities with your classmates can have significant impact on the experience of coherence between the pupils.

The DEMO-action

Who? The school-starters

Why? A unsafe start in school creates a wave of difficulties for the group
What? A multi sensorie intercultural approach to music teaching
How? We want to create a strong learning community by introducing a
didactic method in which all children are seen, safe and contributing.
We will do so, by making a common story for talking about how to deal with
difficult issues in life and the emotions that these difficulties can awake.

The innovative aspo

To combine storytelling on how to support each other with using musicbased coherence- creating-methods.



Conclusions 1. DEMOaction

The children's immediate interaction with the concept



The story, the songs, the movements are represented in the children's talks, playing and are they wish curious to do know more, asking questions, looking forward to next step.

Feed back from the teachers were, that they were positive about the children's ability to:

- concentrate

- recall the whole story songs after just one interaction.

We presume that this is based on the strong sensoric approach, the common mission and the emotional empathic and compassionate connection to the main characters. The use of destination might also improve the memorising:

<u>https://theconversation.com/the-memory-code-how-oral-cultures-memorise-so-</u> <u>much-information-</u> <u>65649?utm_source=fb_messenger&utm_medium=bylinefb_messenger_button&fbcli</u> <u>d=lwAR2dtii6Q6w1gg2D5YNPTY9gJtNLduzLpzCZcf3rOJIBqtgggLCv4ew5xzU</u>





Together in Music! SameA on NUSIKKEN

We sail on towards reflection

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17 PARTNERSKABER FOR HANDLING

Here we are to look, listen and learn from what was done and what was said.



We are here to reflect and rethin.

To kill darlings and say goodbay to things we would love tobring with us, but that we have no longer space for. We are to support each other and find new ways, even with out loss. We are to see the light, even where there is only darkness.





Explore the barriers

Reflect

Method

Kill darlings Rethink

Say goodbye to irrelevant What's next step? How can we improve?

The disease corona takes the stage and challenges stability and direction

In a kingdom far far away it rose. Spreading in all circles. Searching for prey in everyone, but crowning the weakest as main victims. The realm asked for help, but the respond was a deliverance of shame and guilt.

The BIG realm took leadership. The red color symbolizing the WE in it's most outspoken form. A unity, unified by a power regime grown out of a history so violent, that we can't comprehend, it even when knowing. But this story has connected a huge realm under a parole of the common good. A less to die strategy. Walking in the same direction, singing the same song: All to sacrifice. All to follow. Few to lead. The individual freedom as a dream for the future. Why did we not help? Where does our social responsibility end?

https://time.com/5820613/dalai-lama-coronaviruscompassion/?fbclid=IwAR2bLwaC9pCNx7y5efJgj5TxOxDa2hcMY-T1PgKAAy1ziaJi2MuvVdp411k

Reflection time on barriers and immunity for change

The local stars we ve been flashing is based on the classical El Sistema thinking developed in Venezuela. It represents how an elite created an access for the poor, in a society where the differences between rich and poor are huge, and the possibilities break social inheritage is very small. A ticket to become a star is lifechanging and something to fight for, as not making it, is fatal. BUT, in Denmark, the social exclusion are maybe more a matter of identity and belonging, than economic survival? The El Sistema way means communicating and giving access to blessings of the Western Cultural Orchestra tradition. But to transfer from their setting, to the Danish context might be difficult. The classical orchestra tradition is challenged by old power structures. It 's monocultural, defined by selection, perfection and clear hierarchies.

We on the other hand, to create not only access, but relevance. We are not to include "them" into THE arts,

- but to support taking back the cultural expressions within the communities.

Then came the day when the first country in our own circle were infected. They also asked for help. But the unity of stars suddenly looked more like a night of shooting stars, than a united circle.

The stability and eternity, that the stars represent was clearly challenged

We think about The children there. And our new friends. And how to still unite towards our common goals



It's a time where, the little boy in H.C Andersen's story: **THE EMPEROR'S NEW CLOTHES** is talking into the world situation

We are in this together. But the same challenge clearly differ. Some are in more risk than others.

Some has more on stake. What we share, is the chaos of the new, the uncertainty, redefining of the rules, roles and habits.

Structures and balances changed. Everything are to be redefined.

The cat is out of the bag

»Hjemfalden« (1991)

I kurvestolen, i vintersolen drømte jeg, at intet var forgæves. Jeg drømte, at de store valse kun gik itu for at vi skulle hinke rundt med hinanden på en langt mere gribende måde.

Søren Ulrik Thomsen

We travel on towards change...

With a new travel plan to follow...





THIS IS THE TIME WHERE WE ARRIVED AT OUR BURNING PLATFORM. ENTERING THE CORE OF OUR REASON TO GO ON THIS JOURNEY

YES, THIS IS WHEN WE ARE TO



lacking social cohesion dealing with poverly, marginalization, loss of identity and disparities.

RE-DESIGN RE-MAKE RE-EXSPOSE

Product New DEMO-action

Method Walk the talk!

Change Overcome barriers



Challenge

To climb down from the ivory tower and focus on music as a social cultural activity. Music is a common language that we all share.



This is the place where we revealed the built-in capacities and its potentials. It's the place for rebellion and breaking boundaries, challenging injustice, unfairness, the unspoken barriers. This is where we take the step to not on say what is right. Not only do the talking, but walk the talk! We are here to shout out what is really happening and point towards change. But we are also here, to point towards our next destination. Willpower will take us there.

HOW?

The same "packages" are to be offered to all schools.

 Creating ownership by the school's teachers, students and families

ALREADY FIERE

All the children are all already here! We as professionals are here to free and support their voice and expressions. We are to empower, not only teach!

We are to offer, has to be meaningful and useful for the children in their life's now and here!

Carrying together, caring together, containing together.

LOOK, LISTEN AND LEARN

TRANSFER STORY: Lars-Ole Vestergaard, Principal Aarhus Musikskole

<u>https://www.youtube.com/watch?v=tNV_uBd1ZEI&feature=youtu.be</u>





DEMO-ACTION 2. PROTOTYPE

WOXPOP: Best practise reflection

Reflections on best practice from ULG and DEMO-action developers

<u>https://www.youtube.com/watch?v=wivIKqiuUug</u>

WOXPOP: DEMO-action: The workshop for school-starters.

• In process





It is micro-power to have access to own voice and body, so that we can express ourselves about what matters to us. It also creates access to peaceful sharing and dialogue.


Create Finish prototypes

Concept descriptions

Give Invite in new schools to test and improve Creating economically realistic models and concept for the schools

Next stop is at the The Garden of Change, We will now use our newly acquired capabilities to cultivate the gems we have generated, We will remake this garden with what we have brought with us of new abilities and knowledge, We will look for the signs of a growing change. We will enter the dance between hope and doubt, as well as point to the good sprouts of Hope.

Our new Culture Policy 2021-2024 "With Culture in the heart and our eyes on the w















Liveability as foundation for sustainability. .



What do we bring home?

A SOLUTION

Intergrated concepts based on horizontal, vertical and territorial connected policy for culture and education approaching music and arts, as a mean for social change. We join forces and co-operate with the common goal:

To empower children's lifes for a better future for us all.

We are now to plant the solution in own garden!

The transfer story The learning log The Prototype

Method Gift-giving

Easy to take into use and relevant, so it will be used. **Create** Make something special Wrap nicely Finish Bring out - Serve Give

What can we bring on?

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We are heading for the new world

Hosting sharing



Manage Make avalabel for all

Share Knowledge and status

Improve New Nordisc/EU project

Solution Cooperation with Children and Youth department to ensure a clear focus on children social change!

Tomorrow's Horizon. The new beginning. We plan to help more children in their travel towards the light. Now, as a group of helpers standing side by side, and knowing when, how and why we help as we do. Bat wll aware that the world is changing rapidly, constantly requiring new capabilities and thus, we can never stop practicing and rethink. We are therefore ready to travel towards new knowledge and capacity/dimensions. We apply for funding and try to find ways to make sure we can continue working on developing the new method.

TASK

PRODUCTS

Sustainable growth

MusT-keys opening for coherence DEMO-action prototype

METHODS Implementation Dissemination Next step

Multiply the gift Empower more givers Make ready for new travels

Reflection on barriers

The cross sectorial approach has it difficulties. Circles of power becomes more visible. People protecting own positions, own privileges, own circles rather than putting the children as the center of attention. The rings of power also refer to power positions between schools and artorganization, within own organization, within the local community and also refers to the URBACT space itself, to the stars in the circle, in a global context. Rules and ways of how we keep up walls, doors closed, protecting privileges, keeping up non spoken, but outlived norms and ways, covered by complex languages, that keep invisible shields in place.

Let's make the inner circles visible for what they are. Circles of borders. Made to keep others out. Because all that are visible, can be fought.

And so it can be changed. Creating new traces. New patterns. New possibilities. Making everyone shine their best







Look up. We share the same sky. The same stars.

We circle around the same sun.

Take a helicopter perspective and spot the connected circles. One circle inside another, circulating around one another, around same cores. We can make borders for diseases and circles for protection of own privileges, but not for the pain. The disease will not reach my circle, but the pain it causes will. We can break circles of trauma, by stepping out of circulating judgement disgrace and help each ither containing the difficulties, the hurts, the pain.

Let's curiously visit each other's circles. Not as tourist surfing on material surfaces and not necessarily physical travelling but let's visit the thinking and the expressions of humanity to understand how we are connected. The core is the same: The need to feel coherence, to feel cared for, to belong. The world is porous, fluid, vulnerable and we have to think of our self as a part or a member of it all and explore our contribution. Each thing we do, each second is valuable for humanity.

RESULTS TO PRESENT



Based on the diaries, the ULG meeting and the DEMO-action



Theme: structural/policy framework
Policy making: plan urban cultural and performing arts policy for social change
Structuring impact assessment



Theme: operational skills

Organizational skills and capabilities

Pedagogical, educational skills



Theme: social innovation and engagement

Community engagement (outreach strategies)
 Governance of community assets (coordination and mobilization)

New Culture Policy 2021-2024

Folder: MusT principals for developing Folder: describing our new líveability approcah

aarhus

Folder for primary school teachers on our new developed liveability approach DEMO-action homepage: Flaskeposttilfremtiden.dk











The two most important messages we learned

1) Playful way, Children's life, Children's voices Relevance

2) The creation of the team-spirit

lifted by a common third – the mission we share!

